

**LED BY THE SPIRIT:
A LENTEN JOURNEY WITH JESUS CHRIST**

SAINT ANDREW APOSTLE CATHOLIC CHURCH

Mission Leader: Father Daniel P. Leary

February 11 - March 25, 2018

6:30 PM - 8:30 PM



SUNDAY, MARCH 18, 2018

**WEEK 5:
ENCOUNTERING GOD'S SPIRIT**

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MORE TO LEARN

- ◆ All prayer is a relationship with the Lord. When one begins to pray, they are responding to the Gift of God within. God is always moving the heart to teach us to pray and to love Him more. “As God gradually reveals himself and man to himself, prayer is a reciprocal call.” CCC 2567
- ◆ The prayer of Jesus—before, during and after
- ◆ The simplest way—ASK, SEEK, KNOCK
- ◆ 4 steps that lead us to prayer:
 - A. Acknowledge
 - B. Relate
 - C. Receive
 - D. Respond

MY NOTES:

MORE TO SHARE

- ◆ What struck your heart and head the most in the talk? Did anything surprise you or confirm God's movements in your life of prayer?
- ◆ Describe a time in your life when you felt that the Lord answered a prayer? What was the sense of love and support that you felt at that time?
- ◆ If prayer is simply "the raising of one's mind and heart to God", why does it seem so hard to pray at certain times?
- ◆ Do you have a certain prayer that you love that brings you through tough times?

MORE TO PRAY

Daily Prayer for the Week:

O Holy Spirit, beloved of my soul, I adore you. Enlighten me. Guide me. Strengthen me and console me. Tell me what I ought to do and command me to do it. I promise to submit to everything that you ask of me and to accept all that you allow to happen to me. Just show me what is your will. Amen. (Cardinal Mercier)

Daily Reflections

Monday: *Praying with the Heart of Saint Joseph*

On this Solemnity of Saint Joseph, the Church honors him as the Patron of the Interior Life. Spend much of your day noticing silence. Seek the silence and listen to God in the silence. Come to Adoration of the Blessed Sacrament in the Church all day today.

MORE TO PRAY

Tuesday: *“Lord, teach us to pray...” (Luke 11:1-4)* Pray any words of the Our Father silently and repetitively until they sink into your heart. Let the Lord tell you why that phrase spoke to you.

Wednesday: Jesus says, *“The Kingdom of God is within you”.* (Luke 17:21) At some point in the day, freely enter into this Kingdom and pray to the Father who loves you.

Thursday: The Jesus prayers has long been used by people to enter into prayer with the Lord. At least 3 times today, say the following prayer at least ten times using your rosary ring: *“Lord Jesus, Christ, have mercy on me a sinner.”*

Friday: *“Ask and you will receive; seek and you will find; knock and the door will be opened to you.”.* (Lk:11:9-12) Approach the Lord in confidence knowing that He hears your request and allow Him to give you peace.

Saturday: *“Do whatever He tells you”* is Mary’s response at the Wedding at Cana. Remain open today as you enter Holy Week and let Mary speak in your heart about one thing that she would like you to do today for Her Son.

FASTING AND ALMSGIVING

When Jesus was baptized, the Holy Spirit led Him to the desert where he prayed and fasted for 40 days. This week, perform “random acts of kindness” and take on something unpleasant that you’d normally avoid. Additionally, lift up one person that has been in your heart that you feel offended you in some way.

See the Lenten Mission webpage for suggestions:

<http://standrewapostle.org/parish-lenten-mission-2018/>